



# Resources to Promote Social and Emotional Health and School Readiness in Young Children—A Community Guide

## Resources to Promote Social and Emotional Health and School Readiness

The following chart is reprinted from *Resources to Promote Social and Emotional Health and School Readiness in Young Children and Families—A Community Guide*, by Jane Knitzer and Jill Lefkowitz, and provides an overview of the resources discussed. This report builds on NCCP's Promoting the Emotional Well-being of Children and Families series, which describes effective programs, highlights policy opportunities, and offers fiscal strategies to promote the emotional health of young children and their families. The analyses in this series will help state officials, community leaders, and advocates take action to ensure the healthy development of children and their families.

The full guide provides information about targeted resources and strategies that families, child care providers, teachers, and others who come into contact with young children every day can use to help infants, toddlers, and preschoolers, especially those living in low-income communities, develop the social and emotional skills they need to succeed in school, have healthy relationships, and reduce challenging behaviors. It also provides web site and other contact information.

Full copies of the report and other resources to help promote school readiness are available from the web site of the National Center for Children in Poverty, [www.nccp.org](http://www.nccp.org).

## Resources to Promote Social and Emotional Health and School Readiness

Program	Strategy Type	Control Group Evaluation	National Training Availability
<b>Parent Support and Education: Infants and Toddlers</b>			
Touchpoints™	Provider training	No	Yes
Baby FAST	Parent education and support	Control study in process	Yes
<b>Parent Support and Education: Preschoolers</b>			
Incredible Years	Parent education and support	Yes	Yes
DARE to be You	Parent and child interactive learning	Yes	Yes
Parent Services Project	Family support	Yes	Yes
The Spirit of Excellence Parent Empowerment Project	Parent education and support	No	Yes
<b>Parent Support and Education: Early Literacy Strategies in a Social-Emotional Context</b>			
Reach Out and Read	Literacy promotion	Yes	Yes
Motherread/Fatheread®	Literacy development in a social-emotional context	No	Yes
<b>Child Care Provider, Teacher, and Other Caregiver Support: Screening, Assessment, and Guidance</b>			
Devereux Early Childhood Assessment	Assessment, screening, and guidance to promote resilience in young children	Yes	Yes
<b>Child Care Provider, Teacher, and Other Caregiver Support: Early Care and Education Program Curricula</b>			
Tools of the Mind	Curriculum for early education programs	In process	No
<b>Families and Caregivers Facing Special Needs: Intensive Parent Support</b>			
Nurturing Father's Program	Father education and support	No	Yes
Nurturing Program for Families in Substance Abuse Treatment and Recovery	Substance abuse treatment and support	Quasi-experimental	No
Multidimensional Treatment Foster Care-Preschool (MTFC-P)	Intensive support and behavioral training	Yes	Yes
<b>Families and Caregivers Facing Special Needs: Parent-Driven Treatment</b>			
Regional Intervention Program and the Early Childhood Centers	Parent skills training	No	Yes
<b>Families and Caregivers Facing Special Needs: Family Child Care Partnerships</b>			
Positive Behavior Support	Assessment and intervention to increase social and communication skills	Yes	Yes
<b>Families and Caregivers Facing Special Needs: Informal Family Support</b>			
Raising Our Children's Kids	Grandparent and other caregiver support	No	No
Family Ties of Westchester, Inc.	Parent-driven support organization	No	No
<b>Building Partnerships</b>			
Massachusetts Early Childhood Linkage Institute	Link child welfare with Early Intervention System	Yes	No
<b>Community Planning Strategies</b>			
Free to Grow	Program and community development through partnerships	In process	No
Pima County Prevention Partnership	Early intervention and screening; curricula; partnerships and training	No (still in pilot phase)	N/A