

Sponsored by The Colorado Trust and Maternal and Child Health Bureau

## **WORKSHOP DESCRIPTIONS**

### ***Workshop 1: Improving Child Health Insurance Coverage***

This workshop will look at how states have helped to ensure that children have regular and consistent sources of medical care. This includes getting children enrolled in public health insurance programs (e.g. streamlining enrollment and providing for coverage under Medicaid/SCHIP), maintaining enrollment (creating continuous eligibility and simplified renewal processes and dealing with transfers across public and private systems), and developing a continuum of care (ensuring that children within public coverage get medical and dental services).

#### ***Questions to be addressed:***

- What state policy actions can be taken under Medicaid and SCHIP to get children enrolled, keep them enrolled and to track progress?
- What state policy actions can be taken to ensure children get regular sources of medical care?
- How can this agenda be better integrated into systems building under Build and ECCS (to what extent is Medicaid involved with ECCS?)

#### **Workshop Leaders**

*National: ♦ Donna Cohen Ross, Outreach Director, Center on Budget and Policy Priorities;*

*States: ♦ Iowa - Carrie Fitzgerald, Senior Health Policy Associate, Child and Family Policy Center and ♦ Rhode Island - Cathie Walsh, Deputy Director, Rhode Island KIDS Count*

**ROOM: Scissors Room**

### ***Workshop 2: Strengthening Primary Health Care Practices***

This workshop session will examine how states have developed comprehensive approaches to primary and well-child care, including physician education and training to conduct comprehensive screening and processes that can respond when an issue is identified. Connecticut's nationally recognized Help Me Grow program will be showcased as an exemplary program, and the Assuring Better Child Development (ABCD) Initiative will be described as a model for strengthening screenings within well-child visits.

#### ***Questions to be addressed:***

- What state policy actions can be taken so medical practices can be reimbursed for the screenings and time they take to do comprehensive well-child care?
- What state policy actions can be taken to promote practitioners' adopting exemplary practices in their sites?
- What state policy actions can be taken to ensure that there are more consistent and effective referrals and follow-ups to child health needs identified in a screening?

- How can this agenda be better integrated into system-building strategies, through ECCS and BUILD?

**Workshop Leaders**

*National: ♦ Neva Kaye, Senior Program Director, NASPH*

*States: ♦ Connecticut - Joanna Bogin, Common Wealth Project Manager, Connecticut Children’s Medical Center and ♦ Colorado - Gina Robinson, Program Administrator, Colorado Department of Health Care Policy & Financing*

**ROOM: Paper Room**

***Workshop 3: Developing Community Approaches to Promote Healthy Child Development***

In addition to actions within a practitioner’s office, there is a great opportunity to provide comprehensive, well-child supports in a broader community framework that can benefit children’s healthy development. This workshop session will provide examples of how health organizations and agencies have taken a lead role in developing, broad, multi-sector community initiatives to promote healthy development and school success and will examine how state policies and actions can support child wellness efforts at the community level. Washington’s innovative program to extend Reach Out and Read will be described.

***Questions to be addressed:***

- What state policy actions can be taken to promote community approaches to children’s healthy development that speak to social and environmental determinants of health?
- What state policy actions can be taken to strengthen the capacity of existing public and private health service providers, agencies and organizations to take on these roles in poor neighborhoods?

**Workshop Leaders**

*National: ♦ Amy Fine, Independent Health Policy and Program Consultant;*

*States: ♦ Washington - Jill Sells, M.D., Director, Reach out and Read and ♦ California – Diane Aranda, Program Officer and Cecilia Echeverria, Senior Program Officer, California Endowment*

**ROOM: Dodgeball**

***Workshop 4: Establishing Medical Homes for all Children***

The concept of a “medical home” is being extended to children and adults with special needs to all children, with a focus upon a “whole child model.” States are beginning to define medical homes and seeking to create incentives, supports, and regulations, around them. This interactive workshop will describe the current work within states to define and support medical homes for all children.

***Questions to be addressed:***

- What state policy actions can help to define a medical home in a way that promotes their development within the state?
- What state policy actions can help to support the development of medical homes for children throughout the state?
- How can this issue be better integrated into system building efforts through ECCS and BUILD?

### **Workshop Leaders**

*National: ♦ Deirdre Byrne, Director of Public Policy, and Arturo Brito, M.D., Chief Medical Officer and Executive Vice President, Children's Health Fund*

*States: ♦ Colorado - Jose Esquibel, Director Interagency Prevention Office, Colorado Department of Public Health & Environment and Laura Pickler, MD, Associate Professor, The Children's Hospital*

**ROOM: Kick the Can**

### ***Workshop 5: Providing Mental Health Screening for Young Children and their Parents***

Current mental health classifications typically used for adults and older children (and for billing purposes under Medicaid and other insurance programs) are not appropriate for young children. There is often a failure or delay in the detection and identification of treatable mental health conditions in young children. In addition, children's healthy development is contingent upon their parents' nurturing, and parental depression and other mental disorders affect this nurturing and therefore child health. Several states have been leaders in employing alternative mental health classification systems under Medicaid and even providing Medicaid coverage for the parental depression screening. These have led to broader approaches among child health practitioners in addressing child and family mental health needs.

#### ***Questions to be addressed:***

- How are states using screening tools for young children that help identify and respond to mental health concerns?
- What state policy actions can be taken to ensure that there are more consistent and effective referrals and follow-ups to child health needs identified in a screening?
- How can states embed services to address parental depression in both screening and in follow-up home-visiting programs?
- How can this agenda be better integrated into system-building strategies, through ECCS and BUILD?

### **Workshop Leaders**

*National: ♦ Neva Kaye, Senior Program Director, NASPH*

*States: MN, OK and IL - TBA*

### ***Workshop 6: Providing Mental Health Consultation Services to the Early Childhood Community***

Many programs serving young children – including child care centers, family child care homes, preschool programs, and family resource centers – may feel poorly equipped to respond to young children's behavioral and mental health concerns. At the same time, these young children require consistent supervision and guidance that responds to these concerns, and providers need tools and support for working with these children. Several leading states have developed mental health consultant models to help providers respond to young children's behavioral and mental health needs.

**Questions to be addressed:**

- How can states develop and finance mental health consultation models that enable early care and education programs, preschools, and family resource centers to respond effectively to children with mental and behavioral concerns?
- What are the features/attributes of an effective consultation model and how can states best track the impact of such consultations?
- What state policies can help develop better linkages, training, and support to early care and education providers in meeting the needs of children with challenging behaviors and mental health concerns?
- How can this issue be better integrated into system-building strategies, through ECCS, BUILD?

**Workshop Leaders**

*National: ♦ Deborah Perry, Ph.D., Research Associate Professor, Georgetown University*

*States: AZ, RI, CT - TBA*

***Workshop 7: Addressing Health and Mental Health Needs of Children in the Child Welfare System***

Many of the most vulnerable children are those identified within the child protective service system, yet the emphasis in child welfare often is primarily on child safety and not on healthy development. There are often limited efforts to identify and address children's developmental and mental health needs, although states are required to inform families about Part C of IDEA. This workshop session will examine what states have been able to do to strengthen mental health and development components for young children in the child protective service system.

**Questions to be addressed:**

- What state policies can help ensure that children in the CPS system with developmental and mental health needs receive appropriate care and services?
- What are the best ways to engage CPS and the early childhood community in collaborative endeavors?
- How can states incorporate emerging knowledge about effective parent training strategies?
- What state policies can help ensure that these services are provided in a way that does not label, marginalize, or separate the children from general activities that contribute to their overall healthy development?
- How can this agenda be integrated into system-building strategies, through ECCS and BUILD?

**Workshop Leaders**

*National: ♦ Lucy Hudson, Director of Teams for Maltreated Infants and Toddlers Project, ZERO To THREE*

*States: ♦ Iowa - Charles Bruner, Child and Family Policy Center and ♦ Illinois - Karen Yarbrough, Ounce of Prevention Fund (Illinois)*

***Workshop 8: Building a System to Support Infant and Early Childhood Mental Health Services***

This workshop will address two core challenges facing the states, finding the mental health workforce and building their competencies and paying for the services, particularly to young children who are at risk but do not have diagnosable disorders. It will provide information based on NCCP's new children's mental health report on what states are doing through children's mental health agencies as well as ECCS.

***Questions to be addressed:***

- What are the most effective ways to promote work force diversity and competence?
- What are the most effective strategies to pay for infant and early childhood mental health?
- What workforce development strategies can create the practitioner base needed for child mental health?
- How can attention to family-focused infant and early childhood mental health is strengthened in system-building efforts?

**Workshop Leaders**

*National: ♦ Judith Meyers, President and CEO, Child Health and Development Institute of Connecticut*

*States: ♦ Michigan - Mary Ludtke, Department of Community Health, Mental Health Services to Children and Families and MN TBA*